



131 Richardson Street
Grass Valley, CA 95945
pilatesplaceinfo@sbcglobal.net
www.thepilatesplacegrassvalley.com
530-477-5167

COURSE LOCATION: 131 RICHARDSON STREET, GRASS VALLEY, CA.

This circa 1800 Gold Rush era town is nestled in the heart of the Sierra Nevada Foothills.

FROM SACRAMENTO AIRPORT

Start out going south on Airport Blvd. toward Earhart Drive	.28 miles
Turn slight right onto Earhart Drive	.56 miles
Turn slight left onto Airport Blvd.	.84 miles
Merge onto I-5 S/CA-16E toward Sacramento	5.75 miles
Merge onto I-80 E via EXIT 522 toward Reno	33.08 miles
Take the CA-49 exit, EXIT119B, toward Grass Valley/Placerville	0.19 miles
Turn left onto CA-49/CA-193/Grass Valley Hwy. Continue to follow CA-49 N.	23.06 miles
Take exit 182A toward Historic Downtown Grass Valley/CA-174/Colfax	.19 miles
Turn left onto S. Auburn St.	.31 miles
Turn right onto Richardson Street. Richardson St is just past E Main St.	0.10 mile
The Pilates Place, 131 Richardson St. Grass Valley, CA	

AIRPORT SHUTTLE

The Foxen Shuttle
Dev Foxen
530-263-9669

Kayle Martin
530-263-7189



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Coffee, Bakeries and Lunch

Caroline's Coffee Roasters
128 S. Auburn St

Fable Coffee
167 Mill Street

Flour Garden Bakery
109 Neal Street
Quick lunch-take out available.

Summer Thyme's Bakery
231 Colfax Ave
Quick lunch-take out available.

South Pine Café
102 N. Richardson St
530-274-0261
Great breakfast and lunch. Take out available.

Briar Patch
290 Sierra College Drive
5 minute drive from Gold Miner's Inn.
Local co-op. great for lunch. Take out available.

Cirino's at Main Street
213 W. Main Street
530-477-6000
Lunch and Dinner

Back Porch Market
135 Colfax Ave.
530) 271-7111
Lunch and specialty grocery

Taste of Thai
204 W. Main St
530-274-2968
Take out available.

Dinner

Kaido Sushi and Japanese Grill
207 W Main Street
530-274-0144
Reservations suggested.

Kane's
120 E. Main Street
530-273-8111
Outdoor patio

Tofanelli's
302 W. Main Street
530-272-1468
Outdoor patio

Maria's Mexican Restaurant
226 E. Main Street
530-274-2040

Alloro Cucina Italiana
124 Bank Street
530-273-3555
Italian Food

Pete's Pizza and Pub
114 W. Main Street
530-274-9600

Ramen on Main Street
106 E. Main Street
530-802-5415

Sergio's Cafe
109 Mill Street
530-273-3555
Dinner reservations recommended.

Diego's South American cuisine
217 Colfax Ave
530-477-1460



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LODGING

Lamb's Victorian Inn
304 South Church Street
530-615-4652
www.lambsvictorianinn.com

Grass Valley Courtyard Suites
210 N. Auburn Street
530-272-7696
www.gvcourtyardsuites.com

Gold Miners Inn
121 Bank Street
530-477-1700
www.goldminersinn.com

Sierra Mountain Inn
816 W Main Street
530-273-8133
www.sierramountaininn.com